



Research Participants Needed!

Do you *either*:

- 1. Experience extreme shyness, social anxiety, or nervousness in front of other people? *OR***
- 2. Have no significant history of anxiety, depression, or other mental health issues?**

If either apply, you may be eligible to participate in a daily diary study of intimate relationships and social anxiety.

WHO: Women and men, age 18-65, who are in a current romantic relationship (minimum duration 3 months).

WHERE: Anxiety Research and Treatment Lab at Ryerson University (near Yonge and Dundas Streets)

WHAT: You will be asked to complete an over-the-phone assessment, questionnaires, and complete online daily diaries for 2 weeks.

In appreciation of your time, eligible participants will receive **\$30** upon completion of the study

For more information, e-mail relationshipstudy@psych.ryerson.ca
or contact the Anxiety Research and Treatment Lab at
416-979-5000 ext. 2184.