

9. Sometimes when listening to music I feel as if my mind can understand the whole world

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

10. I sometimes feel that I understand the songwriter/composer's intentions completely

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

11. I can change almost any sound into music by the way I listen to it

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

12. I have stopped walking to listen to music that I came across on my path

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

13. While listening to music, I may become so involved that I may forget about myself and my surroundings

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

14. If I want to feel creative, I will turn on some music

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

15. It is sometimes possible for me to be completely immersed in music and to feel as if my whole state of consciousness has been temporarily altered

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

16. I know what people mean when they talk about mind-altering musical experiences

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

17. At times when listening to music, I feel more connected with other people

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

18. I find that different sounds have different colors (e.g., red, blue)

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

19. I spend as much time as I can every day listening to music

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

20. Sometimes music makes me feel and experience things as I did when I was a child

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

21. Sometimes I almost feel as if a song was written especially for/about me

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

22. I sometimes make my movements/actions (opening doors, pushing buttons, stepping of curbs) coincide with the music

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

23. I like to find patterns in everyday sounds

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

24. When listening to music I can lose all sense of time

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

25. Before I do an activity (e.g., exercise, study), I usually carefully consider what music to play along with it

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

26. The sound of a speaking voice can be so fascinating to me that I can just go on listening to it

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

27. Music sometimes helps me 'step outside' my usual self and experience an entirely different state of being

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

28. When listening to music, I often imagine the musicians playing the songs

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

29. When listening to great music I sometimes feel as if I am being lifted into the air

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

30. When I am listening to music, I can tune out everything else

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

31. I sometimes see vivid images in my head when I listen to music

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

32. I sometimes close my eyes so I can focus on the music I am listening to

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

33. There are times when I will do nothing except listen to music

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree

34. I sometimes feel like I'm part of something bigger than myself when I listen to music

1	2	3	4	5
Strongly Disagree	Somewhat Disagree	Neutral (Neither Agree nor Disagree)	Somewhat Agree	Strongly Agree